

MAY

Pathways to Growth: May Update

Hello Parents, Guardians and Learners!

I hope everyone is doing well and excited for the nicer weather! Pathways to Growth is excited to announce another month filled with fun learning, dynamic individualized planning and relevant workshops! Please see below and if interested please contact Christina Halkias!

Brampton Location:

Mondays, Wednesdays and Thursdays

Full days are 9am-3pm

Half days are 9am-12pm or 12:30pm-3pm

Mississauga Location:

Mondays, Tuesdays and Thursdays

Full days are 9am-3pm

Half days are 9am-12pm or 12:30pm-3pm

Zoom Sessions:

Mondays 12:30pm-3pm

Tuesdays 10am-12:30pm

Wednesdays 10am-12:30pm

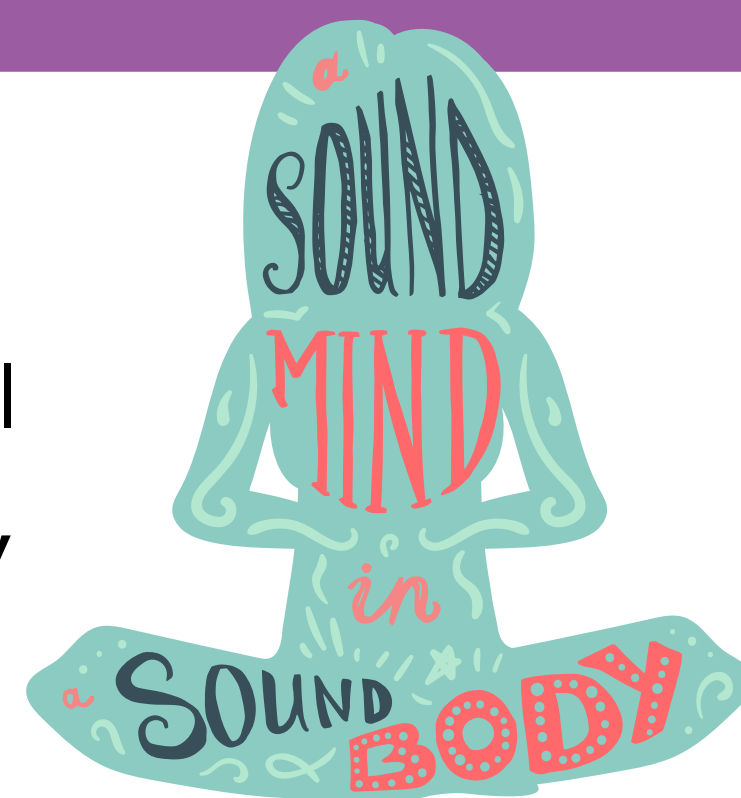
Thursdays 10am-12:30pm

Fridays 10am-12:30pm

**Our Zoom Sessions are first come, first serve due to a maximum of 7 participants per session.*

May Curriculum Theme

Our May curriculum theme is "I Matter"! In relation to this month's awareness of Mental Health, learners will learn about their self care, what Mental Health means and learn about their emotions more in-depth!



May Workshop: Mental Health Mindfulness

Please contact Christina for further information.

Please be sure to contact **Christina Halkias** for more information about our program.

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